

APPENDIX B

(Appendix to 4 (O) Med Coy NCC letter No. TRG/119/NCC/25 dt 01 Nov 2025)

4 ODISHA MEDICAL COMPANY NATIONAL CADET CORPS CADET ENROLMENT

TRAINING YEAR 2025-26

1. It is informed that the enrolment process for new National Cadet Corps (NCC) cadets under 4 Odisha Medical Company National Cadet Corps will commence shortly. All institutions are directed to extend full cooperation to ensure smooth conduct of the enrolment drive and timely submission of required documentation.

Sequence of enrolment activities

2. To ensure clarity, accuracy, and ease of execution, all institutions shall follow the sequence of activities mentioned below for the enrolment of cadets for the Training Year 2025-26.

2.1. Institutional Notice and Nomination of Cadets. Each institution shall issue a formal notice inviting applications from interested students for enrolment in the National Cadet Corps. Notices may be published through the institution's notice board, website, or classroom announcements and a copy of the same is to be forwarded to this unit. Nominations shall be made in consultation with the Associate National Cadet Corps Officer or Care Taker Officer. Preference shall be given to students as per SOP and who meet physical and medical standards and demonstrate discipline and interest.

2.2. Documentation and Verification Stage. All nominated students shall prepare and submit the required documents at the institutional level within the notified time. The institution shall verify all documents and ensure authenticity before submission to this Unit.

2.3. For Enrolment.

- 2.3.1. Enrolment Form (Form I) (signed by Cadet and Parent/Guardian).
- 2.3.2. Medical Fitness Certificate and Blood Group Report by registered medical officer as per format in enrolment form.
- 2.3.3. Parent/Guardian Consent Form.
- 2.3.4. Two recent passport size photographs with proper turnout without headgear and goggles.
- 2.3.5. Copy of Aadhaar Card.
- 2.3.6. Copy of Institutional Identity Card.

2.3.7. Police Verification.

2.3.8. Conduct & Morale certificate by Head of Institution.

2.4. For Uniform Allowance under Direct Benefit Transfer (DBT).

2.4.3. Nominal Roll of Freshly Enrolled Cadets.

2.4.2. Bank Mandate Form duly filled and signed by Cadet, ANO/CTO & Head of Institution.

2.4.3. Correctness Certificate.

2.4.4. Self-attested copy of Aadhaar Card.

2.4.5. Copy of first page of Bank Passbook (showing updated account number and IFSC code clearly).

2.4.6. Declaration/Undertaking by Cadet and Parent.

Physical and Written Tests

3. After completion of documentation, cadets shall appear for.

3.1. Physical Standards Verification - height, weight, medical fitness, and general appearance.

3.2. Physical Efficiency Test - 800 run (boys) / 400 metres run (girls), push-ups/sit-ups, flexibility test.

3.3. Written Test - objective-type questions on General Knowledge, Current Affairs, and NCC awareness.

3.4. Document Verification - final eligibility check.

Portal registration

4. All candidates who complete documentation and appear for tests must register on the official portal: <https://www.nccindia.gov.in/> This registration is mandatory for final approval.

Approval of enrolment

5. The final enrolment will be approved based on merit list prepared from results of physical, written and medical tests. The Board of Officers will scrutinize all records and recommend final selections.

Institutional Timelines

6. All institutions shall adhere to the following schedule strictly:

Serial Number	Activity	Responsibility	Timeline
1.	Issue of Notice under information to 4 Odisha Medical Company National Cadet Corps and Nomination of Students	Head of the Institution & Associate National Cadet Corps Officer	By 03 November 2025
2.	Student Orientation and Document Preparation	Institutions & Students	09 - 17 November 2025
3.	Collection and Verification of Documents	Associate National Cadet Corps Officer / Care Taker Officer	By 23 November 2025
4.	Physical, Medical and Written Tests	4 Odisha Medical Company National Cadet Corps	25 - 29 November 2025
5.	Online NCC Portal Registration Cadets / Institution	Students	By 03 December 2025
6.	Forwarding of Final Dossiers along with documents duly signed by the Head of Institution and ANO/CTO	Associate National Cadet Corps Officer / Care Taker Officer	By 05 December 2025
7.	Scrutiny and Merit List Publication	4 Odisha Medical Company National Cadet Corps	By 10 December 2025
8.	Final Approval and Enrolment Numbers	4 Odisha Medical Company National Cadet Corps	By 12 December 2025
9.	Online uploading of Bank Account details of Cadets	Cadet/Associate National Cadet Corps Officer / Care Taker Officer	By 12 December 2025

Communication and grievances

7. All queries or grievances along with complete details of Identity, Address with Email ID and Contact Number with proper explanation shall be addressed to:-

Officer Commanding,
4 Odisha Medical Company, National Cadet Corps
Burla - 768017
Telephone: +91 663 2950649, Email: 4orissamedical@nccorissa.org

APPENDIX C

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QUALIFICATION AND ELIGIBILITY CRITERIA FOR ENROLMENT**Senior Division/Senior Wing**

1. Be of a good character.
2. Minimum 16 years as on 01 Jul of the year of enrolment and maximum 26 years of age as on 01 Jul of the year of enrolment.
3. Should be a citizen of India or a subject of Nepal.
4. Should be on the rolls of the Inter College / College.
5. Not convicted of offence involving moral turpitude.
6. Not have been dismissed from NCC/Territorial Army/Indian Army.
7. Not a member of organization with anti-national/subversive activities
8. Should be of good moral character.
9. Satisfy the standard of physical fitness in height, chest measurement, and other aspects as per standards.
10. Be on the roll of college which has NCC or on the college rolls in case of "open entry".
11. Should be a student of class XI in a Inter College or should be preferably first year student in a degree College.
12. Should not be a member of any communal organization or political organization or an organization advocating violence or communal disharmony.
13. Should not have been dismissed from the Girls Division of the National Cadet Corps.

14. Enrolment of Cadets who have passed 'B' Certificate Examination (in Inter College) in Degree Colleges

- 14.1. On completion of Second year of NCC Training in Class XII, cadets can re-enroll for third year of NCC Training by joining a college having NCC in Senior Division or seek re enrolment in college having NCC in open category.

14.2. Cadets who choose to skip NCC training due to academic pressure in Class XII can complete their second year of NCC in college to be eligible for 'B' certificate.

14.3. Cadets who pass out from inter college on completion of two years of NCC will be issued with Discharge Certificate.

Extension of Enrolment

15. Cadets dropping a year due to medical reasons or academic pressure at Colleges / Schools can be granted an extension of enrolment by one year (subject to maximum gap not exceeding 18 months).

16. Institutions will give their application of cadets to their respective units for extension before the enrolment for year.

17. Unit will scrutinize the applications and forward the same to the concerned headquarters by 31 Jul.

18. Extension will be given on case-to-case basis by headquarter, after verifying all details and circumstances. Cadets can be given extension of max one year to appear in certificate examination on the following grounds:-

18.1. Has not completed mandated camps, training and attendance to appear for the Examination.

18.2. Could not take the certificate exam due to illness, exams, calamities or any other valid reason.

19. The extension in SD/SW will only be given to either 'B' or 'C' Certificate exam only once.

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ENROLMENT TESTS AND BONUS MARKS

The following tests will be conducted and bonus marks awarded for various achievements as well as for academic excellence:-

S. No.	Test		Total Marks	Remarks		
				Division of Marks		Marks to be Awarded
1.	Physical test	SD – 800 meters run	20	Excellent	SD – 800 meters in less than 3 minutes	20
					SW – 400 meters in less than 1 minute & 30 seconds	
		SW – 400 meters run		Good	SD – 800 meters in less than 3 minutes & 15 seconds	10
					SW – 400 meters in less than 1 minute & 40 seconds	
		Satisfactory		SD – 800 meters in less than 3 minutes & 30 seconds	05	
				SW – 400 meters in less than 1 minute & 50 seconds		
2.	Written test		50	General Awareness		20
				Mental Agility		10
				General Knowledge Who’s Who		10
				NCC & Armed Forces		10
				Total		50
3.	Special Activities		20	Sports		
				Participation national level		05
				Participation state level		03
				Winner at district level		02
				Winner at school level		01
				Extra-curricular activities		
				Participation national level		05
				Participation state level		03
				Winner at district level		02
				Winner at school level		01
				Participation in RDC, national shooting, national games, TSC and ‘A’ certificate holder.		05
				Attended Ek Bharat Shreshtha Bharat Camp, adventure activities Including Trek		03
				Ex JD/JW		02
4.	Academic Excellence		10	75% and above		10
				65% and less than 75%		08
				60% and less than 65%		06
				55% and less than 60%		04
				50% and less than 55%		02
				Less than 50%		00
Grand Total			100			

APPENDIX E

(Appendix to 4 (O) Med Coy NCC letter No. TRG/119/NCC/25 dt 01 Nov 2025)

**NATIONAL CADET CORPS
SENIOR DIVISION CADETS****STANDARD OF PHYSICAL FITNESS****Auth:- (Appendix 'B' to Government of India, MoD letter no 0162/49/NCC, dated 19 March 1949)****Air Wing**

1. He must be in good mental and bodily health and free from physical defects likely to interfere with his training.

2. The Height and chest measurement will be as follows:-

Height	Chest	
Minimum	Girth Expanded	
60"	29"	2"

3. The eye sight shall be as follows:-

3.1. Vision without aid of glasses should NOT be less than 6/6 with each eye; Provided that with the aid of glasses his vision should NOT be less than 6/9 in one eye and 6/18 in the each other.

3.2. Each eye will be examined separately and be required to read the tests in ordinary daylight.

3.3. Inability to distinguish the principal colours will NOT be regarded as a cause for rejection but the fact will be noted in the enrolment form.

3.4. Degree of acuteness of vision will be entered in the enrolment form as follows:-

VR _____; with glasses _____
VL _____; with glasses _____

4. The following points will be observed:-

4.1. His hearing is good.

4.2. His speech is without impediment.

4.3. His teeth are in good order.

- 4.4. His chest is well formed and his lungs and heart are sound.
 - 4.5. He is not ruptured.
 - 4.6. His limbs are well formed and developed.
 - 4.7. There is free and perfect motion of all joints.
 - 4.8. His feet and toes are well formed.
 - 4.9. He does not suffer from any inveterate skin disease.
 - 4.10. He has no congenital malformation or defect.
 - 4.11. He does not bear traces of previous acute or chronic disease Pointing to an impaired constitution.
 - 4.12. He does not suffer from a severe degree of varicocele or varicose veins, unless he has been successfully operated on.
5. The assessment of medical fitness should be made as the result of a complete medical examination conducted throughout in accordance with high standards of medicine.

APPENDIX F

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**NATIONAL CADET CORPS
STANDARD OF PHYSICAL FITNESS
LADY OFFICERS AND GIRLS CADETS**

Auth:- (Appendix 'A' to Govt of India, MoD letter No. 0384/50/NCC dated 10 March 1950)

1. The candidate must be in good mental and bodily health and free from any physical defect likely to interfere with the efficient performance of military duty.
2. Her height, weight and chest measurements should be noted.
3. The examination for determining the acuteness of vision includes two tests, one for distant, the other for near vision. The Army Test Types will be used for the test for distant vision, without glasses at a distance of 20 feet and for the test for near vision without glasses, at any distance selected by the candidate. The standards of the minimum acuteness of vision with which a candidate will be considered fit are as follows:-

STANDARD I	Right Eye	Left Eye
Distant vision	V-6/6	V-6/6
Near vision	Reads 0,6	Reads 0,6
STANDARD II	Better Eye	Worse Eye
Distant vision	V-6/6	V, without glasses-not Below 6/10 and after Correction with glasses not below 6/24
STANDARD III	Better Eye	Worse Eye
Distant vision	V, without glasses not Below 6/60, and after Correction with Glasses not below 6/6.	V, without glasses- not below 6/60 and after correction with glasses not below 6/24.
Near vision	Reads 0,8.	Reads 1.

- 3.1. Each eye must have a full field of vision as tested by hand movements.
- 3.2. Squint or any morbid condition of eyes of the lids of either eye liable to the risk of aggravation or recurrence will cause the rejection of the candidate.

3.3. Each eye will be examined separately and the lids kept wide open during the test. Inability to distinguish the principal colours will not be regarded as causes for rejection but the fact will be noted in the proceeding and the candidate informed.

3.4. The degree of acuteness of vision of all candidates for commission will be entered in the proceeding in the following manner:-

VR _____; with glasses _____ Reads _____
 VL _____; with glasses _____ Reads _____

3.5. No relaxation of the standards of vision will be allowed.

4. The following additional points will then be observed:-

4.1. That her hearing is good and there is no sign of ear disease.

4.2. That her speech is without impediment.

4.3. That her teeth are in good order. She must have 10 sound teeth in the Upper jaw functionally opposed to 10 sound teeth in the lower jaw two of these teeth in each jaw must be molars. Well filled teeth will be considered as sound.

4.4. That her chest is well formed and that her lungs and heart are sound.

4.5. That she doesn't suffer from severe varicose veins. A candidate who has been successfully operated upon will be accepted.

4.6. That her limbs are well formed and developed.

4.7. That there is free and perfect motion of all joints.

4.8. That her feet and toes are well formed.

4.9. That she does not suffer from any inveterate skin disease.

4.10. That she has no congenital malformation or defect.

4.11. That she does not bear traces of acute or chronic disease pointing to as impaired constitution.

4.12. That she has been vaccinated successfully.

4.13. That she does not suffer from any chronic gynaecological disorder.

4.14. That she is not pregnant. In support of the candidate will be required to produce a certificate signed by a medical officer.

APPENDIX G

(Appendix to 4 (O) Med Coy NCC letter No. TRG/119/NCC/25 dt 01 Nov 2025)

**NATIONAL CADET CORPS
STANDARDS OF PHYSICAL FITNESS****METHODS OF MEASURING HEIGHT AND CHEST**

Auth:- (Appendix 'F' to Government of India, MoD letter No. 0162/49/NCC dated 19 March 1949)

1. The height will be measured as follows:-

He will be placed against the standard with his feet together, and the weight thrown on the heels and NOT on the toes or our side of the feet. He will stand without rigidity and with the heels, calves, buttocks and shoulders touching the standard, the chin will be depressed to the vertex of the head level under the horizontal bar and the height will be recorded in inches and parts of an inch to quarters.

2. The chest will be measured as follows:-

He will be made to stand erect with his feet together and to raise his arms over his head. The tape will be so adjusted round to the chest that its upper edge touches the interior angles of the shoulder blades behind and its lower edge the upper part of the nipples in front. The arms will then be lowered to hang loosely by the side and care will be taken that the shoulders are NOT thrown upwards or backwards so as to displace the tape. The candidate will then be directed to take a deep inspiration several times and the maximum expansion of the chest will be carefully noted. The minimum and maximum will then be recorded thus in inches 33/35, 34/36¹/₂ etc. In recording the measurements fractions of less than half an inch should NOT be noted.